



CARROLL COUNTY RECREATION DEPARTMENT

1201 Newnan Road • Carrollton, Georgia 30116

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www.carrollcountyga.com/345/sports

CONCUSSION WAIVER

By registering your child/children in programs at the Carroll County Recreation Department, you agree, understand and acknowledge the following:

Youth Concussion Waiver: It is the policy of the Carroll County Recreation Department that athletes cannot practice or compete in activities until this form has been signed, or completed on-line with our department. By signing this form, you acknowledge that you have received the fact sheet on concussions.

What is a Concussion: It is a type of brain injury caused by trauma. It can be caused by a hard bump or blow to or around the head, which causes the brain to move quickly inside the skull. You do not have to lose consciousness to have a concussion. If a concussion is not properly treated, it can make symptoms last longer and delay recovery. A second head trauma before recovery could lead to more serious injuries.

What are the signs and symptoms: There are many signs and symptoms linked with concussions. Your child may not have any symptoms until a few days after the injury. Signs are conditions observed by other people and symptoms are feelings reported by the athlete.

SIGNS OBSERVED BY OTHERS	SYMPTOMS	WARNING SIGNS (CALL DOCTOR)
Appears Dazed or Stunned	Headache	Continued Vomiting
Forgets Plays	Fuzzy / Blurred Vision	Existing Signs / Symptoms Get Worse
Answer Questions Slowly	Nausea	Trouble Knowing People / Places
Shows Behavior or Personality Changes	Dizziness	Slurred Speech
Unsure of Game or Opponent	Concentration Problems	Neck Pain
Different Sleeping Patterns	Sensitivity to Light	Tiredness / Hard to Wake
<i>Not All Signs / Symptoms Are Listed. For More Information on Concussions, please visit www.choa.org/concussion</i>		

What should you do if you suspect a concussion:

- Do not let your child play with a head injury. Take your child to the doctor for any symptoms of a concussion.
- Check on your child often after the injury for new or worsening signs or symptoms. If the symptoms are getting worse, take them to the nearest hospital.
- Do not give your child pain medications without talking to your child's doctor.
- Your child should stop all athletic activity until the doctor says it's OK. Your child must stay out of play until they are cleared by a licensed healthcare provider. They must also bring a release form that they are cleared by the healthcare provider.
- Educate your child on concussions and why he/she cannot play until the symptoms are gone. Your child will need a gradual return to school and activities.
- Tell your child's coaches, school nurse and teachers if he/she has a concussion.
- In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.

This is general information and not specific medical advice.

Always consult with a doctor or healthcare provider if you have questions or concerns about the health of a child.

CHILD/CHILDREN'S NAME:

1. _____

3. _____

2. _____

4. _____

PARENT / GUARDIAN:

Name: _____ (Print)

Date: _____

Name: _____ (Signature)

Activity: _____